

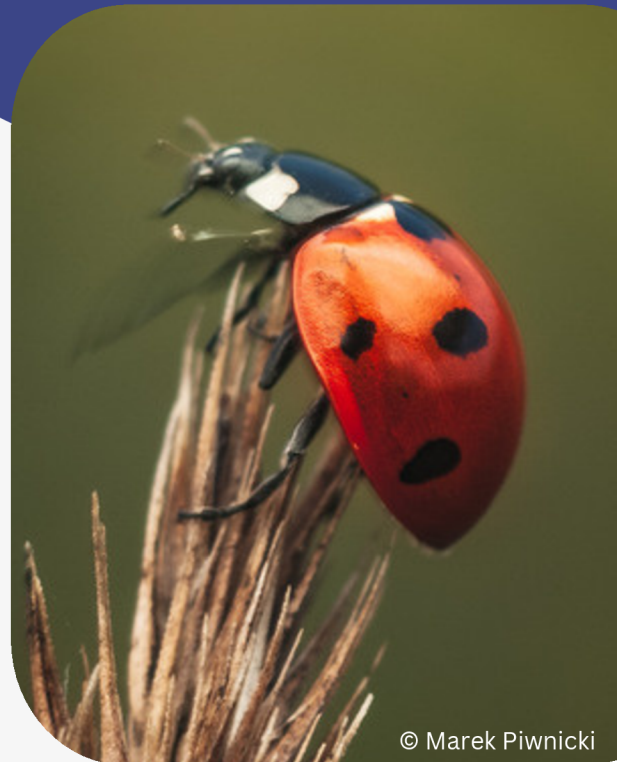
# How to...

## ... make a ladybird and lacewing hotel



Make your own ladybird and lacewing home. This simple and cheap method will provide your ladybirds and lacewings with a safe place to hibernate over the winter.

Ladybirds and lacewings are a gardener's friend, feeding on aphids. Encouraging natural predators is a great way to keep a healthy balance in your garden without the need for pesticides or chemicals.



### You will need:

- ✓ a recycled plastic bottle, or a similar tube with an open bottom and closed top;
- ✓ string;
- ✓ cardboard.

### How to make your hotel:

- ✓ **Prepare the bottle:** wash out an old recycled bottle and dry. Carefully cut the end off the bottle, smoothing any rough edges.
- ✓ **Spiral your cardboard:** cut a large strip of cardboard, the same width of the bottle and roll into the bottle to create lots of crevices.
- ✓ **Tie your string:** tie around the neck/top of the bottle.
- ✓ **Hang your bottle:** at shoulder height, in a sunny and sheltered location and wait until autumn for the ladybirds and lacewings to use it!

